

GAP YEAR 2020/21 Planning Worksheet

Use this worksheet to organize your thoughts and start a conversation with your family about your Fall 2020 plans.

1. Is it even feasible for me to defer my college or university admissions?

Make a list of what research you'll need to do, to determine this.

2. What are the three key things that I want to get out of my plans for 2020/21?

Make a list of all the things you might want to get out of your next year and circle the three that are most important to you.

3. If I were continuing with my original plans for post-secondary school, what would I want to get out of the experience in my first year?

Spend some time researching what the first-year experience is going to be like at your school this fall and describe your ideal experience—you may be surprised by what's possible!

4. If I were going to take a gap year, what would I want to get out of that experience?

Your options will likely be some combination of learning, volunteering, working, and travel. Spend some time online researching your options to explore both structured and non-structured options and describe your ideal experience.

5. What are the pros and cons?

Make a list of the benefits and challenges related to each experience.

First Year of Post-Secondary		Gap Year	
Pros	Cons	Pros	Cons

6. What do you need to do before making a decision?

Make a list of any critical things you need to explore and discuss with your family before making a final decision (e.g. costs, feasibility, etc.).

